# The HPHC Insurance Company PPO

**Summary of Benefits and Coverage:** What this Plan Covers & What You Pay For Covered Services

**Coverage Period:** 07/01/2017 — 06/30/2018

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.harvardpilgrim.org/LGsampleEOC or by calling 1-888-333-4742. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary at www.harvardpilgrim.org/fhcr to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	Out-of-Network: \$100 member/ \$200 family	Generally you must pay all the costs up to the <b>deductible</b> amount before this <b>plan</b> begins to pay. If you have other family members on the policy, they have to meet their own individual <b>deductible</b> until the overall family <b>deductible</b> amount has been met.
Are there services covered before you meet your deductible?	Yes: In-Network emergency room care, emergency medical transportation, durable medical equipment, preventive care, provider office visits, outpatient mental health services, habilitation services, rehabilitation services, routine eye exams, are covered before you meet your deductibles.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$2,000 member/ \$4,000 family Separate out-of-pocket limit applies to Pharmacy, see "If you need drugs to treat your illness or condition".	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this plan, they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the <a href="out-of-pocket limit">out-of-pocket limit</a> .
Will you pay less if you use a network provider?	Yes. See https://www.providerlookuponline.com/harvardpilgrim/po7/Search.aspx or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No.	You can see the <u>specialist</u> you choose without permission from this <u>plan</u> .



All copayments and coinsurance cost shown in this chart after your deductible has been met, if a deductible applies.

Common Medical Event		What You	Limitations, Exceptions,	
	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	None
	Specialist visit	\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	None
	Preventive care/ screening/ immunization	No charge; deductible does not apply	20% coinsurance; deductible does not apply	None

		What You	Limitations, Exceptions,		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	No charge; <u>deductible</u> does not apply	20% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	No charge; <u>deductible</u> does not apply	20% coinsurance	Cost sharing may vary for certain imaging services.  Out-of-Network Preauthorization required.Penalty \$500 if approval not received before services obtained.	
If you need drugs to treat your illness or condition  More information	Generic drugs	30-Day Retail Tier 1: \$5 copay/prescription; deductible does not apply 90-Day Mail Tier 1: \$10 copay/prescription; deductible does not apply		Prescription drug Out-of-Pocket Maximum:. \$2,000 member/ \$4,000 family	
about prescription drug coverage is available at www.harvardpilgrim.org/ 2017Premium3T.	Preferred brand drugs	30-Day Retail Tier 2: \$10 co does not apply 90-Day Mail Tier 2: \$20 cop does not apply	Some generic drugs are in this tier.		
	Non-preferred brand drugs	does not apply	90-Day Mail Tier 3: \$75 copay/prescription; deductible		
	Specialty drugs	All drugs are covered in Retail Pharmacy and Mail Order Pharmacy Tiers 1 — 3		Some drugs must be obtained through a Specialty Pharmacy.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge; <u>deductible</u> does not apply	20% coinsurance	Out-of-Network Preauthorization	
	Physician/surgeon fees	No charge; <u>deductible</u> does not apply	20% coinsurance	required.Penalty \$500 if approval not received before services obtained.	

Common Medical Event		What You	Limitations, Exceptions,		
	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	& Other Important Information	
If you need immediate medical attention	Emergency room care	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	Same As Participating Provider	None	
	Emergency medical transportation	No charge; <u>deductible</u> does not apply	Same As Participating Provider	None	
	<u>Urgent care</u>	Convenience care clinic:  \$5 copay/visit  Urgent care clinic (including hospital urgent care clinic):  \$5 copay/visit	Convenience care clinic: 20% coinsurance Urgent care clinic (including hospital urgent care clinic): 20% coinsurance	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge; <u>deductible</u> does not apply	20% coinsurance	Out-of-Network Preauthorization	
	Physician/surgeon fee	No charge; <u>deductible</u> does not apply	20% coinsurance	required.Penalty \$500 if approval not received before services obtained.	
If you have mental health, behavioral	Outpatient services	\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	Out-of-Network Preauthorization	
health, or substance abuse needs	Inpatient services	No charge; <u>deductible</u> does not apply	20% coinsurance	required.Penalty \$500 if approval not received before services obtained.	
If you are pregnant	Office visits	\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% coinsurance	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	No charge; <u>deductible</u> does not apply	20% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	No charge; <u>deductible</u> does not apply	20% coinsurance	ultrasound.)	

	Services You May Need		What You Will Pay			Limitations, Exceptions,	
Common Medical Event			Network Provider (You will pay the least)		Network Provider rill pay the most)	& Other Important Information	
If you need help recovering or have other	Home health care		No charge; <u>deductible</u> does not apply	20% <u>coinsurance</u>		None	
special health needs	Rehabilitation service	<u>s</u>	\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% <u>coi</u>	nsurance	Occupational therapy – 90 consecutive days/condition	
	Habilitation services		\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% <u>coir</u>	nsurance	Physical therapy – 90 consecutive days/condition Speech therapy  Out-of-Network  Preauthorization required.Penalty \$500 if approval not received before services obtained.	
	Skilled nursing care		No charge; <u>deductible</u> does not apply	20% coinsurance		100 days/year	
	Durable medical equi	oment	20% coinsurance of equipment cost to HPHC, not to exceed a Member's total expense of \$1,000/year; deductible does not apply	20% coinsurance		Wigs - \$1,000/year	
	Hospice services		No charge; <u>deductible</u> does not apply	20% coinsurance		For inpatient services, see "If you have a hospital stay".	
If your child needs dental or eye care	Children's eye exam		\$5 <u>copay</u> /visit; <u>deductible</u> does not apply	20% <u>coinsurance</u> ; <u>deductible</u> does not applyNot covered		1 exam/year	
	Children's glasses		Not covered	Not covered		None	
	Children's dental check-up  – Up to age of 14		No charge; deductible does not applyNot covered	20% coinsurance		2 exams/year	
Excluded Services & Oth	ner Covered Services:						
Services Your Plan Does	NOT Cover (This isn'	t a comp	olete list. Check your policy or	plan doc	ument for other excl	uded services.)	
• Acupuncture • Mos		• Mos	• Private-duty num • Routine foot ca		C		

Long-Term (Custodial) Care	Most Dental Care (Adult)	<ul><li>Services that are not Medically Necessary</li><li>Weight Loss Programs</li></ul>			
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)					
Bariatric surgery	<ul> <li>Chiropractic Care</li> <li>Hearing Aids - \$2,000/aid every 36 months, for each impaired ear</li> </ul>	<ul> <li>Infertility Treatment</li> <li>Non-emergency care when traveling outside the U.S.</li> <li>Routine eye care (Adult) – 1 exam/year</li> </ul>			

### **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

## Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department HPHC Insurance Company, Inc. 1600 Crown Colony Drive Quincy, MA 02169

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration 1-866-444-3272 www.dol.gov/ebsa/healthreform

Health Care for All 30 Winter Street, Suite 1004 Boston, MA 02108 1-800-272-4232 http://www.hcfama.org/helpline

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this Coverage Meet the Minimum Value Standard? Yes

If your **plan** doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

### **Language Access Services:**

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

- To see examples of how this plan might cover costs for a sample medical situation, see the next page. —————

## **Coverage Examples**

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your **providers** charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductible</u>, <u>copayment</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible	\$0	■ The plan's overall \$0 deductible		The plan's overall deductible	\$0
■ Specialist copayment	\$5	■ Specialist copayment	\$5	■ Specialist copayment	\$5
<ul><li>Hospital (facility)</li></ul>	\$0	Hospital (facility)	\$0	<ul><li>Hospital (facility)</li></ul>	\$0
Other	\$0	<ul><li>Other</li></ul>	\$0	<ul><li>Other</li></ul>	\$0
This EXAMPLE event includes s like:	ervices	This EXAMPLE event include like:	s services	This EXAMPLE event includes like:	services
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical supplies)	
Childbirth/Delivery Professional Ser	rvices	disease education)		Diagnostic test (x-ray)	
Childbirth/Delivery Facility Services	3	Diagnostic tests (blood work)		Durable medical equipment (crutch	es)
Diagnostic tests (ultrasounds and blood	work)	Prescription drugs		Rehabilitation services (physical there	ару)
Specialist visit (anesthesia)		Durable medical equipment (gluco	se meter)		
Total Example Cost	\$12,731	Total Example Cost	\$7,389	Total Example Cost	\$1,925
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	<u>Deductibles</u>	\$0	<u>Deductibles</u>	\$0
Copayments	\$50	Copayments	\$650	Copayments	\$30
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$40
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$30	Limits or exclusions	\$0
The total Peg would pay is	\$50	The total Joe would pay is	\$680	The total Mia would pay is	\$70

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

### Language Assistance Services

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-888-333-4742 (TTY: 711).

**Português (Portuguese)** ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-888-333-4742 (TTY: 711).

**Kreyòl Ayisyen (French Creole)** ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-888-333-4742 (TTY: 711).

**繁體中文** (Traditional Chinese) 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-333-4742(TTY:711)。

**Tiếng Việt (Vietnamese)** CHÚ Ý: Nếu quí vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quí vị miễn phí. Gọi số 1-888-333-4742 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-888-333-4742 (телетайп: 711).

(Arabic) العربية

إنتباه: إذا أنت تتكلم اللُّغة العربية ، خَدَمات المُساعَدة اللُّغَوية مُتَوفرة لك مَجانا. واتصل على 4742-333-1888 (TTY: 711)

**ខ្មែរ (Cambodian)** ្រសុំជូនដំណីង៖ បើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយ ឥតគិតថ្លៃ។ ចូរ ទូរស័ព្ទ 1-888-333-4742 (TTY: 711)។

**Français (French)** ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-888-333-4742 (ATS: 711).

**Italiano (Italian)** ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TTY: 711).

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한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-888-333-4742 (TTY: 711) 번으로 전화해 주십시오.

**ελληνικά (Greek)** ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-888-333-4742 (TTY: 711).

**Polski (Polish)** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-888-333-4742 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-888-333-4742 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહ્યય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-888-333-4742 (TTY: 711)

**ພາສາລາວ (Lao)** ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັງຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ 1-888-333-4742 (TTY: 711).

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-888-333-4742 (TTY: 711).



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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#### HPHC:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Email: civil\_rights@harvardpilgrim.org. You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, the Civil Rights Compliance Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hbs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.

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